



Enough is our Concordia University Texas theme for the 2023-2024 academic year.

CONNECT

with self and others:

- 1. Has there been a time when you have sought popularity?
2. In what areas of your life do you wish you had power or control?

NOTES: [horizontal lines for writing]

ENGAGE

the word:

Anytime there was a big change in my life, there was always a struggle with searching for popularity or power in the situation. Moving to college, I tried to win over the popularity of my peers, and that even included not truly being the person I was. I searched to be the person who knew everyone, and who everyone knew. It didn't matter to me if that meant changing who I was to fit in. Very quickly, I learned that popularity was not as important as learning who God made me to be. In these situations, I looked for power and control to be able to make myself feel better, and I tried to rely on my own strengths rather than giving them to God.



READ
Philippians 2: 5-11



In your relationships with one another, have the same mindset as Christ Jesus: <sup>6</sup> Who, being in very nature God, did not consider equality with God something to be used to his own advantage; <sup>7</sup> rather, he made himself nothing by taking the very nature of a servant, being made in human likeness. <sup>8</sup> And being found in appearance as a man, he humbled himself by becoming obedient to death—even death on a cross! <sup>9</sup> Therefore God exalted him to the highest place and gave him the name that is above every name, <sup>10</sup> that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, <sup>11</sup> and every tongue acknowledge that Jesus Christ is Lord, to the glory of God the Father.

- **Philippians 2: 5-11**

**NOTES:** \_\_\_\_\_

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Philippians 2 reminds us how Jesus surrendered His Popularity and Power and humbled Himself to be made into flesh just like us. Through this, He shows us how to let go of the feeling of fitting in, wanting power or control, and not living doing things in our own strength. Often, when we want the power to choose our own paths, it never turns out the way we planned. Humbling ourselves is something we don't do enough in these situations. We don't give up the power of trying to do things our way. Giving up power and popularity in our own lives means humbling ourselves, becoming a servant, and surrendering to God's will. In the scripture, Jesus made Himself nothing to become everything for us. Jesus gave up His life for us and with that, He gave up popularity and power to die on the cross for our sins, so that we could gain eternal life. Through this, we want to become more like Jesus and give up our own lives and our own will for God's will to be done.

## QUESTIONS:

- 1.** In what way does surrendering power and popularity look like in your own life?
- 2.** How can you focus on God's will instead of your own will?
- 3.** What's one place in your life where you can have a mindset of Jesus Christ?



## LOOK UP

Matthew 20:28 / Hebrews 12: 1-3

## QUESTIONS:

- 1.** How do these verses show us to be more like Jesus?
- 2.** How do these verses give us examples of giving up popularity and power?

## PRAYER:

*Dear Lord, thank You for giving us this day. Thank You for sending Your son to die for us so we could have eternity. God, I pray as we go through this week, we seek how to humble ourselves and become more like You. God, I pray that we give up popularity and power and strive to be more like You! God, I pray that Your will be done, and we let go of doing things in our own strength and rely on You, Lord; in Your name, we pray. Amen*



